# Pain in Paradise

'Acute and Chronic Pain in Primary Care' Course 7th - 9th of July 2023

### Peppers Soul, 8 The Esplanade, Surfers Paradise QLD or live streamed online

#### **Conference Pre-Learning**

#### Setting the scene: Acute and chronic pain

Opioid De-Prescribing and other treatment options (A GP & drug & alcohol specialist's perspective)	Dr Ester Han
Deprescribing opiates in chronic pain (A consultant psychiatrist's perspective)	Assoc Prof Newman Harris
Q&A - Opiate Issues & Solutions in General Practice	Dr. Katherine Shomali & Assoc Prof. Newman Harris
Chronic pain patients and their partners	Professor Toby Newton-John
Early Intervention in GP Practice: A 10 item test	Dr. Duncan Sanders
Virtual Reality for Analgesia and Rehabilitation	Dr. Phil Austin

#### **Register Now**

www.armchairmedical.tv/paininparadise

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#### Day One - Saturday 8 July 2023

7.00am - 8.45am	Registration	In person delegates only		
8.45am - 10.30am	SESSION 1	Welcome	Assoc Prof Newman Harris	
	Preventing Ongoing Pain and Opioid Dependance	Managing Opioid Prescribing after Hospital - a balanced approach while keeping within the guidelines	Dr Anthony Sayce	
		Medication Rationalisation in the Community	Joyce McSwan	
10.30am - 11.00am	MORNING TEA BREAK			
11.00am - 12.30pm	SESSION 2			
	Managing Ongoing Pain and Opioid Tapering	There is more to Pain Medicine than Opioids	Dr. Liam Ring	
		Motivating Patients to Reduce their Dose	Assoc Prof Newman Harris	
12.30pm - 1.30pm	LUNCH BREAK & RE	EFLECTION @ HYDE PARADISO		
1.30pm - 4.30pm	SESSION 3			
	Cannabinoids, Sleep and Optimising Pain Treatment	Cannabinoids: what you don't know	Dr Selena Boyd	
		Cannibinoids Q & A	Dr Selena Boyd and Assoc Prof Newman Harris	
	Panel Discussion	Sleep and chronic pain: practical tips for your patients (and maybe you too!)	Professor Toby Newton-Joh	
		Panel: GPs Optimising Pain Treatment - how to best utilise resources	Dr. Katherine Shomali (chai Assoc Prof Newman Harris. Prof. Toby Newton John,	

Program is subject to change. It is not guaranteed all sessions will be available on demand. We recommend attending sessions live for the best experience.

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#### Day Two - Sunday 9 July 2023

8.00am - 9.00am	Registration	In person delegates only		
9.00 am - 10.30am SESSION 1				
	Neuropathic & Complex Lower Limb Pain	Musculoskeletal and Neuropathic Pain Update	Dr. Duncan Sanders	
		Neuropathic Foot and Ankle Pain with Q&A - Achilles, Plantar Fascia, Lateral Ankle (ATFL), Tib Post.	Catherine Ketsimur	
10.30 - 11.00am	MORNING TEA BREAK			
11.00am - 12.30pm				
	The Business of Pain	The Business of Pain. How to utilize medicare billings correctly and ensure you are paid for the extra time chronic pain patients require.	Dr April Armstrong	

12.30pm - 1.30pm CONFERENCE CLOSE, LUNCH BREAK & REFLECTION @ HYDE PARADISO

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